

Emollients

Dermatology Department

These soothe, smooth and hydrate the skin and are useful for all dry or scaly disorders e.g. eczema, psoriasis. Effects are short-lived and frequent application is necessary. They can be divided into lotions (with a higher water content), creams and gels (that are slightly thicker) and ointments (which are greasier but useful for severe skin dryness). Sprays can be used in older patients or sites where application is difficult (such as the back). The following products are commonly used by patients attending our Skin Care Unit, where samples are available to try.

*** Please note that ointments are flammable, and can make bathroom surfaces slippery so we would advise caution in elderly patients when applying these.**

Emollient	Formulation	Additional features
Adex	Gel	Nicotinamide (anti-inflammatory)
Aproderm	Lotion; cream; gel	SLS. Parabens. Colour & fragrance free. Vegan.
Aqueous	Cream (soap substitute)	
Aquamax	Cream (soap substitute)	
Aveeno	Lotion; cream; *spray	Colour, soap free. Colloidal oatmeal.
Aquadrate	Cream (urea)	Urea 10% w/w in white soft paraffin
Balneum plus	Cream	
Calmurid	Cream (urea)	Lactic acid. Urea
CeraVe	Cream	
Cetraben	Cream; ointment	
Dermamist	*Spray	
Dermacool	Cream (1-2% menthol)	
Dermol 500	Lotion (soap substitute); cream	
Diprobase		
Doublebase		
Emollin	*Spray	
E45	Lotion; cream (itch relief)	
Eczmol		
Epimax		
Epaderm		
Eucerin	Lotion, cream; ointment; *spray	
Emulsifying	Ointment	
Flexitol	Cream; ointment (heel balm)	
Hydromol	Ointment	
Zerobase		
Zeroderm	Ointment	
Zerodouble	Gel	

*** Sprays should not be used directly ON THE FACE and EYES.**



Adex Gel



Doublebase Gel



Dermol 500 Lotion



Dermacool Cream



CeraVe Moisturizing Cream



Diprobase Cream



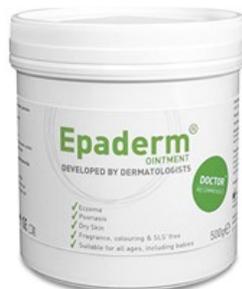
Dermol 500 Cream



Zerobase Cream



Cetraben Ointment



Epaderm Ointment



Emulsifying Ointment



Zeroderm Ointment

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

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We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.



اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔
 ਜੇ ਤੁਹਾਨੂੰ ਡਰਮਾਟੋਲੋਜੀ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ 'ਤੇ ਫੋਨ ਕਰੋ: 01932 723553
 اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براؤزر میں اس فون نمبر 01932 723553 پر داخل کریں
 Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553
 यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553
 Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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