

# Bowel Preparation Schedule Sheet

## MOVIPREP

For Colorectal Surgery scheduled in the **MORNING**

Pre-assessment nurse to kindly delete what does not apply

<p><b>Two days before surgery</b></p>	<p><b>0800:</b></p> <p><b>1400:</b></p> <p><b>1800:</b></p>	<p>You can have <b>LOW FIBRE DIET*</b> plus below:</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p>
<p><b>One day before surgery:</b></p>	<p><b>0700:</b></p> <p><b>0800:</b></p> <p><b>1400:</b></p> <p><b>1800:</b></p> <p><b>2000:</b></p> <p><b>2200:</b></p> <p><b>Midnight</b></p>	<p><input type="checkbox"/> Can have usual breakfast (eat as normal) then <b>CLEAR FLUIDS and Fortisip Compact Protein</b> afterwards</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle <input type="checkbox"/> Moviprep (sachet A &amp; B in one litre of water)</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle <input type="checkbox"/> Drink <b>1 sachet of Preload</b> in 400mls of water (1<sup>st</sup> sachet)</p> <p><input type="checkbox"/> Moviprep (sachet A &amp; B in one litre of water)</p> <p><input type="checkbox"/> Drink <b>1 sachet of Preload</b> in 400mls of water (2<sup>nd</sup> sachet)</p> <p>Water only.</p>
<p><b>Day of surgery</b></p>	<p><b>Until 0600:</b></p>	<p><b>You are allowed to drink water until 6AM. Your nurse/ doctor will advise if you can still drink water while waiting for your surgery.</b></p> <p><input type="checkbox"/> Drink <b>1 sachet of Preload</b> in 400mls of water- aim to finish by 6am. (3<sup>rd</sup> sachet)</p>

\* Please refer to the diet guide found on the Enhanced Recovery After Surgery leaflet for examples of low fibre and clear fluids diet

## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [asp-tr.patient.advice@nhs.net](mailto:asp-tr.patient.advice@nhs.net). If you remain concerned, the team can also advise upon how to make a formal complaint.

Author: Melannie Amador

Department: Colorectal Surgery

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**We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.**



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**Ashford Hospital** London Road, Ashford, Middlesex, TW15 3AA Tel: **01784 884488**  
**St. Peter's Hospital** Guildford Road, Chertsey, Surrey, KT16 0PZ Tel: **01932 872000**

Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)