

Bowel Preparation Schedule Sheet

PHOSPHATE ENEMA ONLY

For Colorectal Surgery scheduled in the **MORNING**

Pre-assessment nurse to kindly delete what does not apply

<p>Two days before surgery</p>	<p>0800: 1400: 1800:</p>	<p>You can eat and drink as normal plus below:</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p>
<p>One day before surgery</p>	<p>0800: 1400: 1800: 2200: Midnight</p>	<p>You can eat and drink as normal until MIDNIGHT plus below:</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p> <p><input type="checkbox"/> Fortisip compact protein x1 bottle</p> <p><input type="checkbox"/> Drink 1 sachet of Preload in 400mls of water (1st sachet)</p> <p><input type="checkbox"/> Drink 1 sachet of Preload in 400mls of water (2nd sachet)</p> <p>Water only.</p>
<p>Day of surgery</p>	<p>Until 0600: At least 2 hours prior to surgery</p>	<p>You are allowed to drink water until 6AM. Your nurse/ doctor will advise if you can still drink water while waiting for your surgery.</p> <p><input type="checkbox"/> Drink 1 sachet of Preload in 400mls of water – aim to finish by 6am (3rd sachet)</p> <p>Enema will be administered in the Admissions Lounge</p>

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

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We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.



اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔
 ਜੇ ਤੁਹਾਨੂੰ ਡਰਜ਼ਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553
 اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براؤزر میں اس فون نمبر 01932 723553 پر رابطہ کریں
 Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553
 यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553
 Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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