

# Gynaecology

## Fast Track Clinic

Your GP has referred you to the Gynaecology Fast Track Diagnostic Clinic for assessment and investigation of the pelvic and abdominal symptoms that you are having. On the appointment day, you may require an ultrasound to aid diagnosis:

**Trans-vaginal ultrasound** – This test uses sound waves to produce images of organs and structures within your pelvic region. This type of scan is performed by inserting a probe into the vagina in order to view the ovaries and womb clearly. You will be asked to lie on the couch in a similar position to having a smear taken. The investigation feels similar to having an internal examination and is not usually painful.

On arrival at the clinic you will be asked to complete an assessment form of your medical history, which will include:

- Your current problems/symptoms
- Past medical history
- Period history
- Family history of any ovarian/breast/colorectal cancer
- Previous/current treatment for other conditions
- Any allergies

### WHAT NEXT?

Following the examination/consultation, you **may** require **some** of the following tests or investigations:

- **Pipelle** – You will be asked to lie on the couch in a similar position to having a smear taken. A fine tube is passed into the womb and a gentle suction is used to remove a sample of cells (biopsy) from the womb lining. The sample is sent to the laboratory for examination under a microscope. The results will usually be ready within a week.
- **CT scan** – This scan takes a series of x-rays which build up a three dimensional picture of the inside of the body.
- **MRI scan** – This scan uses magnetism to build up cross-sectional pictures of the abdomen and pelvic area in your body.
- **Blood tests** – Samples of blood will be taken to check your general health and tumour markers to aid diagnosis.
- **Hysteroscopy & Curettage** – This procedure involve a thin, flexible telescope (hysteroscope) pass through the vagina into the womb to allow doctor to look inside the womb and take tissue samples. This simple procedure can be performed as outpatient or may be organised at a later date under general anaesthetic.

- **Laparoscopy** – A small operation under general anaesthetic may be organized at a later date to look at the ovaries, fallopian tubes, womb and the surrounding areas. A small sample of tissue (biopsy) may be taken for examination under a microscope.

The Clinical Nurse Specialist (CNS) is available for support and information during the consultation/diagnostic stage. Her role is to be a central point of contact – you can use her for help and advice if needed. If the CNS is not available, the clinic nurse will provide you with her leaflet and contact number (*see below*).

You may wish to bring your partner, relative or friend with you for support.

#### GYNAE-ONCOLOGY TEAM:

- MR. ANIL TAILOR – CONSULTANT
- DR. SARAH COE – HOSPITAL PRACTITIONER
- GYNAECOLOGY REGISTRAR
- SHIRLEY MAHER (CLINICAL NURSE SPECIALIST): 01932 872000 EXT.6712
- SECRETARY: 01932 722050

### Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [asp-tr.patient.advice@nhs.net](mailto:asp-tr.patient.advice@nhs.net). If you remain concerned, the team can also advise upon how to make a formal complaint.

Author: Shirley Maher (CNS)

Department: Obs & Gynae

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**We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.**



**To use the Text Relay service, prefix all numbers with 18001.**

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔  
 ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ 'ਤੇ فون کریں: 01932 723553  
 اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براؤکرم اس فون نمبر 01932 723553 پر رابطہ کریں  
 Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553  
 यदि आपको अनुवाद की जरूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553  
 Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

**Ashford Hospital** London Road, Ashford, Middlesex, TW15 3AA Tel: **01784 884488**  
**St. Peter's Hospital** Guildford Road, Chertsey, Surrey, KT16 0PZ Tel: **01932 872000**

**Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)**