

# Orthodontic Department

## Removable Appliances



1. Wear the removable brace as instructed full time including eating, since the brace only works when it is in your mouth.
2. Take the brace out for cleaning your teeth, for contact sports and for swimming when it should be kept safely in a container.
3. Clean the brace thoroughly with toothbrush and toothpaste everyday.
4. The brace may cause some discomfort and speech difficulties for the first 4 - 5 days, but this will improve with time and perseverance.
5. If you have any problems with the appliance, please contact the department immediately on **01784 884650**.

### **Please note:**

**If you lose your removable appliance, there will be a charge of £80.60 for each appliance lost, i.e. if you lose both appliances it will be £160.20**

## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [asp-tr.patient.advice@nhs.net](mailto:asp-tr.patient.advice@nhs.net). If you remain concerned, the team can also advise upon how to make a formal complaint.

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**We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.**



**To use the Text Relay service, prefix all numbers with 18001.**

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔  
 ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪاً ਕਰਕے ਇਸ ਨੰਬਰ 'ਤੇ فون کرو: 01932 723553  
 اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براؤزر میں اس فون نمبر 01932 723553 پر رابطہ کریں  
 Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553  
 यदि आपको अनुवाद की जरूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553  
 Jeżeli chcemy, aby te informacje w innym języku,  
 proszę zadzwonić 01932 723553

**Ashford Hospital** London Road, Ashford, Middlesex, TW15 3AA Tel: **01784 884488**  
**St. Peter's Hospital** Guildford Road, Chertsey, Surrey, KT16 0PZ Tel: **01932 872000**

**Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)**