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To use the Text Relay service, prefix all numbers with 18001.

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اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براؤ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

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আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)

# Injured Fingers and Toes

## Paediatric A&E Department Advice Sheet



# Injured Fingers and Toes

## Introduction

Your child has broken their finger / toe. You might hear some people call it a fracture, but that is just a different name for a break.

We have treated it by strapping the broken finger / toe to the one next to it. This then acts like a splint for the break (we call this neighbour-strapping).

## You should:

- Give your child a medicine such as Ibuprofen or Paracetamol to relieve any pain. Please follow the dosage and frequency instructions on the bottle / packet carefully.
- Keep the strapping on all the time. If it gets wet or falls off you can use Elastoplast to strap it up again.
- Do not apply strapping to the joints and do not strap too tightly.
- The strapping should remain on until the pain has settled.

## Please remember:

We will refer your child to the Virtual Fracture Clinic so that the orthopaedic doctors can check how the break is healing.

Paediatric Accident and Emergency Department  
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For reassurance and advice please contact NHS Direct on: **111**

The following website gives useful advice:

[www.yourchildshealth.nhs.uk](http://www.yourchildshealth.nhs.uk)

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## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [asp-tr.patient.advice@nhs.net](mailto:asp-tr.patient.advice@nhs.net). If you remain concerned, the team can also advise upon how to make a formal complaint.

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