

# Important information for your admission to Oak Ward

## Before you come

The child having surgery and the adult who will be accompanying on the day of surgery will both be swabbed for COVID-19.

In our experience it is beneficial for children to be informed and well prepared in advance of their surgery. We have made a short video for our young patients explaining what will happen on the day you come to Oak ward. We strongly advise you to watch this with your child on our website:

<http://www.ashfordstpeters.nhs.uk/patient-videos>

Or by typing 'children's surgery at St Peter's Hospital' on



## It is vital you follow the starving instructions below:

Your appointment time	When to stop eating (water only afterwards)	When to stop drinking water
7.30 a.m.	2.30 a.m. on day of your surgery	6.30 a.m. on the surgery day
11.30 a.m.	7 a.m. (light breakfast please such as toast, cereal)	11.30 a.m. on the surgery day

## On the day

Please come to **Oak Ward, level 3** at **St Peter's Hospital, Chertsey KT16 0PZ** at the time indicated on your letter.

Please bring clean pyjamas / spare clothes, dressing gown, suitable footwear (slippers / slip on shoes) that you can change into when you arrive.

Please bring with you any toys, books etc. that you feel your child will need while in hospital. Toys are not to be shared with any other children.

Please bring any drinks and snacks with you as you will not be permitted to leave the ward except for escorting to and from theatre.

A **maximum of 1 parent / carer** may accompany you. Please note, if you are legal guardian you **must bring proof of this** with you on the day. **No siblings or other children are allowed.**

The accompanying adult will be supplied a pair of scrubs to change into prior to escorting the child to theatre. Unless you are accompanied by a member of staff you are not permitted to leave the ward, it is requested that you stay in your allocated bed space.

The time indicated on your letter is the time you need to attend the ward. This is **not** the time that you surgery will start. You will be seen by a nurse, your surgeon, and an anaesthetist who will then determine the order of surgeries. It may be that you have to wait some time before you have your surgery so please bring a favourite toy / book to pass the time.

## Going Home

Your nurse will let you know when you can go home. Ensure you have organised transport home as we do not recommend using public transport after surgery.

Please ensure you have a good supply of paracetamol and ibuprofen at home.

**If you have any questions or concerns please call Oak Ward on 01932 722016 (Mon – Fri).**

Adolescent information leaflet by the RCOA:

<https://www.rcoa.ac.uk/sites/default/files/documents/2022-03/TeenGuide2021web.pdf>

<https://www.rcoa.ac.uk/sites/default/files/documents/2022-03/YAYA-YoungPersonsGuide2018web.pdf>

Further information leaflet for smaller children created by the RCOA:

<https://www.rcoa.ac.uk/sites/default/files/documents/2022-03/ReesBear2020web.pdf>

<https://www.rcoa.ac.uk/sites/default/files/documents/2022-03/DavyDetective2014web.pdf>

## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [asp-tr.patient.advice@nhs.net](mailto:asp-tr.patient.advice@nhs.net). If you remain concerned, the team can also advise upon how to make a formal complaint.

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**We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.**



اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید.

ਜੇ ਤੁਹਾਨੂੰ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

आपना अनुवाद दरकार हले एখানে योगायोग करुन : 01932 723553

यदि आपको अनुवाद की जरूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

**Ashford Hospital** London Road, Ashford, Middlesex, TW15 3AA Tel: **01784 884488**

**St. Peter's Hospital** Guildford Road, Chertsey, Surrey, KT16 0PZ Tel: **01932 872000**

Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)