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To use the Text Relay service, prefix all numbers with 18001.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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Cystoscopy

Department of Urogynaecology

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

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Recovery at home

- Personal hygiene - You can have a bath or shower the day after the procedure
- You will be back to full normal activity within 1 to 3 days, when you can return to work.

Follow up

You should be seen in clinic approximately 3 months after the operation to discuss your treatment by either one of our specialist nurses or doctors but a letter should be sent out with any biopsy results and you will be seen earlier if indicated.

If you have any acute illness, please contact your GP.

If you need to ask for advice then please ring the ward you were admitted to or the Urogynaecology department on 01932 722124 Monday to Friday

What is a Cystoscopy?

This is a test where we look inside your bladder with a small telescope via the urethra (water pipe).

The procedure will take approximately 15 minutes. Using the telescope, we look carefully at the inside of the bladder and bladder neck. Occasionally we need to take a small sample of tissue from within the bladder (a biopsy) to be looked at under a microscope to give us more information about what is causing your symptoms.

Before the operation

Medications

You will be asked to stop any blood thinning medications such as aspirin, ibuprofen, diclofenac or clopidogrel 2 weeks before the procedure.

If you are on warfarin or heparin, we will liaise with both you and the haematology department about a regime to come off these medications.

Please bring all your medications with you when you attend the hospital and only stop those medications you have been advised to

Consent

You will be asked to sign a consent form which confirms you have agreed to the procedure. If you do not understand anything or would like someone with you, please let the consenting doctor know before you sign.

Eating and drinking

You will be advised when you need to stop eating and drinking prior to the procedure depending on the type of anaesthetic and time of day of your planned procedure

The anaesthetic

The operation can be done under either a local anaesthetic (awake) or general anaesthetic (asleep). A general anaesthetic will be used if you are having biopsies (samples) taken.

After the procedure

- Once you are ready you will be taken to recovery and on to the ward if staying overnight. Most people go home on the day of the procedure after observation.
- It is advisable that you are accompanied home and do not drive yourself

- Once you are awake you will be able to drink and eat normally. You should gradually increase your fluid intake to 1.5 to 2 litres a day
- You will be able to go home once you are comfortable and passing urine normally. You may find passing urine slightly uncomfortable and more frequent for the next day or two.
- You will receive some take-home medication including antibiotics for 3 days and/or painkillers
- Should you develop a burning sensation on passing urine and/or a fever, you may have developed a urine infection. You should contact your GP surgery and inform them that you have recently had a Cystoscopy.

What are the risks?

Anaesthetic risk

You will be assessed prior to your anaesthetic to ensure you are fit for anaesthetic

Discomfort

Pain killers will be offered on a regular basis, but please ask if they are not controlling any discomfort.

Blood in the urine

This can occur particularly if biopsies are taken. It usually clears within a day or so but please contact either your GP if it persists or becomes heavy

Urinary Infection

Antibiotics will be given if necessary