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اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਭਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
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Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk

Diabetes Hot Foot Clinic

Department of Diabetes

Why have you been referred to our clinic?

Our diabetes hot clinic sees patients who have diabetes or have pre-diabetes with a foot ulcer.

Foot ulcers need to be treated very quickly to stop more serious problems later on. Someone will ring you to arrange your appointment and **it is really important that you attend.** If you cannot attend, please phone **01784-884351** or email asph.appointments@nhs.net to change your appointment date.

We run clinics every Monday, Wednesday, and Friday mornings at St Peter's Hospital Main Outpatients Area 3. Your appointment slot will last for up to one hour. If you require tests or scans, you may need to stay longer so please make sure you allow enough time.

Our car parks can be quite busy so please factor in extra time to find a parking space.

What to bring with you?

Please bring a list of your current medications and glucometer (if you have one) or your diary of blood glucose readings.

Who will you see?

You will see a Diabetes / Wound Care Specialist Podiatrist and a Specialist Diabetes Nurse.

What will happen in the appointment?

We will ask you about your medical history and check your diabetes control.

We will carry out a full assessment of your foot and decide on the best treatment. If needed, our Specialist Podiatrist will dress your foot and give you advice on how to look after it.

We may need to take some swabs, refer you for x-rays or ask you to take antibiotics.

Our Specialist Diabetes Nurse can help with your diabetes, giving you advice on how to better manage your blood sugar levels, reviewing your medications or telling you about different treatments.

What happens next?

We will decide with you on the best treatment for you and your foot condition, referring you to the right service to look after your ulcer. This may be back to your GP, Practice nurse, District nurse, or to your local Community Podiatry Wound Clinic.

We may also ask you to come to our Multi-Disciplinary Specialist Foot Clinic for a follow-up appointment.

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

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