

How to transition your baby from ready-to-feed formula to powdered Nutriprem 2 formula.

Dear Parents,

You are receiving this leaflet as your baby is due to go home on Nutriprem 2 formula. Introduction to the powdered form as a sudden change has been noted to cause constipation. A gradual transition to the powdered formula has been noted to avoid this. This leaflet has been designed to help you with this.

What is Cow & Gate Nutriprem 2?

Cow & Gate Nutriprem 2 is a formula that has been designed for preterm infants. It provides extra nutrition in order to help the preterm babies with catch-up growth and can be used to feed your baby up to approximately 6 months corrected age. This is a prescription only formula and will be prescribed by your GP.

Transitioning from ready-to-feed formula to powdered Nutriprem 2 formula

Infant formula is available in two forms: ready-to-feed liquid formula (used in hospital) and powdered formula (to be used at home).



Ready to Feed 90ml bottle



Powdered 900g box

When your baby is ready to be discharged home from hospital, you will be given 28 bottles (90ml each) ready-to-feed Nutriprem 2 bottles and 1 x 900g box Nutriprem 2 from our Unit. Please follow the steps below to help your baby transition from the ready to feed formula to the powdered formula:

- Once you are home, aim to introduce 1 bottle of powdered formula a day, with the remaining feeds to be given as ready-to-feed formula.

- Each day, increase powdered formula by 1 bottle until your baby is on full feeds of powdered formula, e.g. if your baby has 7-8 feeds a day, this should take at least 1 week to achieve. The table below gives an example of how the transition is achieved assuming your baby takes 8 feeds in the day:

Day at home	Number of Feeds	
	Ready to use formula	Powdered formula
1	7	1
2	6	2
3	5	3
4	4	4
5	3	5
6	2	6
7	1	7
8	0	8

If you have any issues/ concerns with implementing the above, please contact your Neonatal Community Outreach Nurse, Dietitian or visit your GP

With thanks to -

