

Breast Biopsy Aftercare

Imaging Department

What to expect

Most people will experience a little bruising and discomfort after the procedure. The amount of bruising is variable and unpredictable. Paracetamol is recommended if a pain killer is required.

It is advisable to keep the biopsy wound covered for 48 hours after the procedure. The dressing provided may be exchanged for a waterproof plaster to bathe or shower.

There are no specific restrictions to normal daily activities immediately after the procedure. However, you are advised to avoid heavy lifting or strenuous exercise for 24 hours after the biopsy.

Complications

It is rare to experience significant complications following a breast biopsy. However, bleeding and infection occasionally occur.

There is inevitably a little bleeding at the time of the biopsy. This may be controlled by a nurse applying pressure to the wound at the end of the procedure.

If more prolonged bleeding occurs, this will be dealt with by the x-ray staff before you leave the department.

The biopsy site may occasionally become infected. This generally occurs several days after the procedure and should be suspected if the wound appears red, swollen and increasingly painful. If you experience these symptoms, please visit your GP, or contact the breast care nurses as you may require a short course of antibiotics.

Results

The results of the biopsy will be sent to the breast clinic 7-10 working days after the procedure. You should make an appointment at the breast clinic to discuss the results if you do not already have one.

Contact Numbers

Breast Care Nurse	ASH - 01784 884411 SPH - 01932 722771
X-Ray Department	01932 724478
Appointments Office	01784 884351

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

Version: 2

Published: December 2023

Next Review: December 2025

We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.



You can use Text Relay to turn telephone communications into text. Use the Relay UK app on your phone, tablet or PC. You can also use Relay UK via Minicom or Uniphone.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

ਜੇ ਤੁਹਾਨੂੰ ਭਰਜਾਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براؤزر میں اس نمبر 01932 723553 پر ایڈ کریں

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Se precisa de uma tradução por favor contacte: 01932 723553

Ashford Hospital London Road, Ashford, Middlesex, TW15 3AA Tel: **01784 884488**

St. Peter's Hospital Guildford Road, Chertsey, Surrey, KT16 0PZ Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk