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اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید.

ਜੇ ਤੁਹਾਨੂੰ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ 'ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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HYCOSY Hysterosalpingo Contrast Sonography Imaging Department



Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

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Rarely, pelvic infection or symptoms of hypersensitive reaction to the dye.

Results: You will be informed of the results after the procedure. The results will be sent on the same day to your doctor.

If any of the tubes are not visualised, this does guarantee the state of your tubes.

We suggest another similar procedure called as Hysterosalpingogram to further assess if your tubes are clear and performed using X-Rays instead of ultrasound, a thin catheter is placed through the cervix and X-Ray pictures are taken to demonstrate whether the tubes are clear.

QUERIES

If you have any queries regarding the contents of this leaflet, please contact the Imaging Ultrasound - telephone 01932 723630 / 01932 723054.

This leaflet is intended to give you additional information to that received from a healthcare professional.

GENERAL INFORMATION

HyCoSy is an investigation of the fallopian tubes.

The fallopian tubes carry the egg from the ovaries to the uterus. If the tubes are damaged or blocked it may be difficult to become pregnant.

It is not possible to see these tubes with normal x-rays or ultrasound.

HyCoSy is a specialised ultrasound examination to look at the tubes using contrast / dye as part of the initial investigations of your fertility potential.

We will not be able to perform the HyCoSy if there is a possibility of vaginal or pelvic infection.

You should have an infection screen prior to the procedure and if infection identified it should be adequately treated before undertaking the procedure.

Timing of the HyCoSy: It is most important that you are not pregnant and not experiencing vaginal bleeding at the time of the procedure. Four weeks prior to the procedure please use a contraceptive and avoid unprotected intercourse. We cannot do the

procedure if you are pregnant or bleeding on the day of the procedure.

PREPARATION

You may experience mild discomfort (period pain like symptoms) during this procedure, so you we advise you to take some simple painkillers (e.g., paracetamol or ibuprofen) half an hour before the examination. On the day of your examination please have a light breakfast or lunch dependent on your appointment time.

Please bring a sanitary towel with you on the day of the examination.

You should, ideally, be accompanied home (but not on public transport) and are advised to bring a relative or a friend with you to your appointment, who can accompany you into the examination room if you wish.

It is normal to have some vaginal bleeding and / or discharge. There is a very small risk of infection (less than 1%). If you suspect you may have an infection (e.g., temperature, pain, bleeding, and discharge) you should contact your GP or attend St Peter's Hospital A&E department.

THE PROCEDURE

On arrival you will be asked to empty your bladder and be shown into the ultrasound room.

A transvaginal ultrasound will be performed - this is a routine examination and should not hurt.

A speculum is then placed into the vagina (similar to a smear examination).

A catheter (tube) is inserted into the uterus.

The ultrasound transducer (probe) is reinserted, and fluid will be injected down the catheter.

If the tubes are normal the contrast/dye will be seen to flow through them on the ultrasound image. We will tell you of our findings following the procedure.

Afterwards you will rest for 15 minutes and then be allowed home. Your specialist will discuss your results and further management at your next follow up appointment.

There might be a small chance of inability to perform the procedure due to development of significant pelvic pain or tight cervical canal.

Risks and Complications

Minimal: Period like pain and pelvic discomfort for a couple of days after the procedure and generally relieved with paracetamol / ibuprofen / co-codamol tablets.

Mild bleeding / spotting for a few days after the procedure.