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اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ فون ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
London Road
Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk



Barium Small Bowel Meal Imaging Department

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email asp-tr.patient.advice@nhs.net. If you remain concerned, the team can also advise upon how to make a formal complaint.

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What is a Barium Small Bowel Meal?

A small bowel meal is a special x-ray designed to show your small intestine.

On arrival in the x-ray department you will be asked to drink a glass of barium, a white liquid much like a milkshake, which makes the intestine show up on x-rays.

Pictures of your stomach will be taken at intervals, usually every 45 minutes, until the whole of your small intestine has been demonstrated.

How long will it take?

The length of time for this examination is extremely variable and unfortunately we cannot accurately predict when you will be able to leave the x-ray department. It will probably take the whole morning and may extend into the afternoon.

You will be allowed to have something to eat and drink after the first few x-rays have been taken.

What we ask you to do in preparation

We ask you to have nothing to eat or drink after midnight on the night before your small bowel meal.

It is important to ensure that the small intestine is empty before you drink the barium in order that clear pictures may be obtained.

If you are diabetic you should contact the x ray department before carrying out these instructions.

If you are taking any medicines which you normally take first thing in the morning, bring them with you so that you can take them immediately after your small bowel meal.

Afterwards

You will experience no serious side effects. Some patients suffer mild constipation but if you drink extra fluids for the following 2 days you should avoid this.

You may eat and drink normally as soon as you leave the department.

Results

The Radiologist will study the pictures taken and send a report to the doctor who requested the examination.

You will need to make an appointment to see this doctor to discuss the findings if you have not already done so.

Are there any risks

The radiation risk from this examination is minimal. The National Radiological Protection Board and Royal college of Radiologists advise that it is equivalent to approximately 15 months of the natural background radiation we all receive.