

# Breast Biopsy Aftercare

## Imaging Department

### What to expect

Most people will experience a little bruising and discomfort after the procedure. The amount of bruising is variable and unpredictable. Paracetamol is recommended if a pain killer is required.

It is advisable to keep the biopsy wound covered for 48 hours after the procedure. The dressing provided may be exchanged for a waterproof plaster to bathe or shower.

There are no specific restrictions to normal daily activities immediately after the procedure. However you are advised to avoid heavy lifting or strenuous exercise for 24 hours after the biopsy.

### Complications

It is rare to experience significant complications following a breast biopsy. However bleeding and infection occasionally occur.

There is inevitably a little bleeding at the time of the biopsy. This may be controlled by a nurse applying pressure to the wound at the end of the procedure. If more prolonged bleeding occurs, this will be dealt with by the x-ray staff before you leave the department.

The biopsy site may occasionally become infected. This generally occurs several days after the procedure and should be suspected if the wound appears red, swollen and increasingly painful. If you experience these symptoms please visit your GP or contact the breast care nurses as you may require a short course of antibiotics.

### Results

The results of the biopsy will be sent to the breast clinic 7-10 days after the procedure. You should make an appointment at the breast clinic to discuss the results if you do not already have one.

### Contact Numbers

Breast Care Nurse	ASH – 01784 884411 SPH – 01932 722771
X-Ray Department	01932 724478
Appointments Office	01784 884351

## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty.

If they cannot resolve your concern, please contact our Patient Experience Team on 01932 723553 or email [asp-tr.patient.advice@nhs.net](mailto:asp-tr.patient.advice@nhs.net). If you remain concerned, the team can also advise upon how to make a formal complaint.

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**We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.**



**To use the Text Relay service, prefix all numbers with 18001.**

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**Ashford Hospital** London Road, Ashford, Middlesex, TW15 3AA Tel: **01784 884488**  
**St. Peter's Hospital** Guildford Road, Chertsey, Surrey, KT16 0PZ Tel: **01932 872000**

**Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)**